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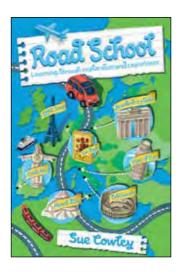
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Key

- 🚹 This is an Independent Thinking Press title
- (p) Professional terms apply
- (t) Trade terms apply

Please note that all prices and content are correct at time of printing but may be subject to change without notice.

Road School Learning through exploration and experience Sue Cowley



978-178583114-0 \$16.95 (t) 234 x 156mm 240 pages paperback • ebook Education Advice on parenting Part comedy travelogue, part parenting guide, part educational philosophy, *Road School* asks you to consider what 'an education' really means and offers tips for anyone planning their own learning adventure.

Frustrated by a regime of statutory testing, and keen for a midlife adventure, Sue Cowley and her partner took their children out of school to educate them on the road. *Road School* is the story of their family's adventures around Europe and across China. On their journey they experienced awesome historical sites, diverse cuisines and fantastic geographical phenomena. They also endured whining kids, satnav disasters, and dodgy accommodation. In a world where schooling is increasingly being standardised, and where government testing puts ever more pressure on our youngest learners, *Road School* is the story of how one family stepped out of the system and set off on the educational adventure of a lifetime.

"Anyone who teaches, and anyone who has a family of their own, will enjoy this book – not just for the entertainment value, but also for Sue's insights into what is really important when you work, and live, with children."

Nancy Gedge, consultant teacher

"Any parent or teacher who reads this book will find themselves imagining life on the road with their children and many will adopt this approach. It is a magnificent book which will start an educational revolution, mirroring Sue's awe-inspiring angle on education."

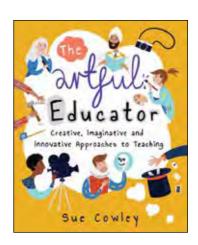
Mike Fairclough, head teacher and author

The Artful Educator Creative, imaginative and innovative approaches to teaching Sue Cowley

Demonstrates how teachers can behave like artists, sculptors, actors, musicians, playwrights, poets, designers and directors, whatever subject they teach.

In this book you will learn how to be more creative, experimental, playful and imaginative in the methods you use in your classroom, and in the myriad ways in which you help your students to learn. The book explains what an 'artful attitude' to education looks like, and includes plenty of practical, real-life examples of artful approaches to teaching and learning. Find out how to reclaim teaching as an artful profession, reinvigorate your approaches to teaching, and inspire yourself and your children with the pure joy of learning.

For all teachers looking for inventive, creative and innovative approaches to teaching.

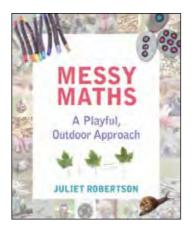


978-178583115-7 \$22.95 (p) 222 x 182mm 200 pages (est) paperback • ebook Education Teaching skills April 2017

Sue Cowley is a writer, presenter and teacher trainer, and the author of more than 25 books on education, including *How to Survive your First Year in Teaching*. Her international bestseller, *Getting the Buggers to Behave*, is a fixture on university lists, and has been translated into ten different languages. After training as an early years teacher, Sue taught English and drama in secondary schools in the UK and overseas and she also worked as a supply teacher. She now spends her time writing educational books and articles and is a columnist for *Teach Nursery*, *Teach Primary* and *Nursery World* magazines. Sue works internationally as a teacher trainer as well as volunteering in primary classrooms and helping to run her local preschool.



Messy Maths A playful, outdoor approach Juliet Robertson



Activities to encourage children to learn through hands-on experience.

Juliet Robertson believes that every child and every adult is mathematically able. By sharing ideas and enjoying great mathematical conversations we can all deepen our understanding of the value of maths. Being outside makes maths real. In the classroom, maths can seem disconnected from everyday experience. Real maths is really messy. Aside from mud pies and puddles, the cognitive processes involved mean it is not a smooth linear pathway of learning but rather an interconnected network. Lots of playing and activity along the way is a must. Children need time to make sense of the abstract ideas of maths through experiential processes along with lots of opportunities to ponder, enjoy and discuss the concepts encountered.

978-178135266-3 \$24.95 (p) 222 x 182mm 300 pages (est) paperback • ebook Education Teaching skills July 2017



Suitable for early years educators (of ages 3-6).



Also by Juliet Robertson, see page 56



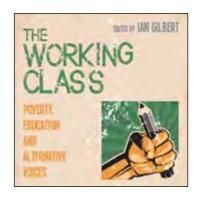
Juliet Robertson is an education consultant who specialises in outdoor learning. Prior to becoming a consultant, Juliet was a head teacher at three schools; making her more than qualified to help others improve their practice. She also writes the popular education blog, 'I'm a teacher, get me OUTSIDE here!' where she illustrates her ideas and enthusiasm for learning outdoors.

The Working Class Poverty, education and alternative voices Edited by Ian Gilbert

Draws together educators from across the UK who call on all those working with young people in schools to adopt a more enlightened and empathetic approach to children in challenging circumstances.

When it comes to the education of children living in poverty there has been a great deal of talk about grit, resilience and the drive for social mobility. Yet such terms not only reflect merely a fraction of the wider story, they are also part of a narrative which puts all the onus on young people to 'pull themselves up' or else accept their fate among the ranks of the 'feckless poor'. In this unique collaboration, drawing together educators from across the UK and further afield, we challenge this destructive narrative and call on all those working with young people in schools – from policy makers to teachers and school leaders – to adopt a more enlightened, empathetic and practical approach to support all children in challenging circumstances.

Contributors include: Jaz Ampaw-Farr, Sir Al Aynsley-Green, Phil Beadle, Paul Dix, Dr Neil Hawkes, Dr Debra Kidd, Jarlath O'Brien, Hywel Roberts, Will Ryan and Professor Mick Waters.





978-178135278-6 \$26.95 (p) 200 x 200mm 200 pages (est) paperback • ebook Education Teaching skills December 2017

Ian Gilbert is an award-winning author and editor, a leading educational speaker and an entrepreneur and a man who the *IB World* magazine named as one of its top 15 educational 'visionaries'. He established Independent Thinking in 1994 as a platform for leading practitioners to share their work in bringing the best out of all children. Currently based in Hong Kong, he has lived and worked in the UK, South America and the Middle East and so has a special perspective on classrooms and systems, what works and what definitely doesn't.



Release Your Inner Drive

Everything you need to know about how to get good at stuff Bradley Busch and Edward Watson



978-178583199-7 \$14.95 (t) 234 x 156mm 150 pages (est) full colour paperback • ebook Education Study and learning skills: general Children's and teenage general nonfiction Educational material July 2017 A book of infographics that shows teenagers how they can excel at school and in life.

This book will enable all teenagers to improve their mindset, performance under pressure, motivation and learning. We now know more than ever about the science of learning. The research explains why some people flourish and others never truly fulfil their potential. This stunning full colour book has been specifically designed for teenagers and uses visual imagery, in the form of eye-catching infographics, to hook them in and convey the very latest research in a straightforward way. This means that it is perfect if you want to quickly tap into the success strategies that have been proven to help people thrive and flourish. It is also ideal for anyone who has children and wants to nurture their talents, or for teachers who want to ensure that their students develop the attitudes, beliefs and habits that maximise learning and performance.

The graphics are based on the latest research into psychology and neuroscience and further explanation of the concepts and links to the research are also provided.



Bradley Busch is a chartered psychologist and director of InnerDrive. As well as writing regularly for *The Guardian*, he is one of the leading experts on how psychological research can best help students, teachers, athletes and businesses think and perform better.



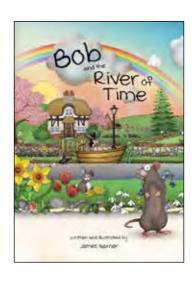
Edward Watson founded InnerDrive, a mental skills company that initially worked in Premier League football and with Olympic athletes, in 2006. The majority of InnerDrive's current work is now in education and business, coaching students and teachers to realise their potential and to cope effectively with pressure.

Bob and the River of Time James Garner

Introduces children to the beauty and wonder of wildlife and nature.

In Bob and the River of Time, Bob discovers the changing seasons, different types of weather and a huge variety of plant and animal life. On his journey Bob sees a host of different animals, creepy crawlies, birds, flowers, vegetables and trees. The book is packed with interesting facts, meaning children can learn more as they discover the different critters. The beautiful illustrations and attention to detail ensure that each time you open the book you'll discover something new. In case you get really stuck there is a key in the back of the book to show you where all the colourful characters are hiding!

Join Bob as he learns to be mindful and maintain a positive outlook, even when he isn't sure where the river is taking him. The calming flow of the story will send children to a place of tranquil and inspired imagination. The story is ideal for relaxing bedtime reading, but hunting for and learning about all of the creatures will provide hours of additional fun. Searching for the many creatures and plants within the book is a great way to focus a child's mind, especially if their mind has a tendency to wander.

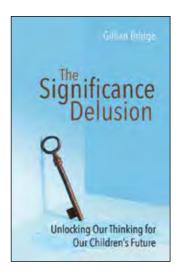


978-178583112-6 \$16.95 (t) 270 x 190mm 72 pages full colour paperback • ebook Children's fiction, natural history age 3+ years

James Garner is a freelance graphic designer, illustrator and decorator. He lives in Suffolk where he pursues his passion of creativity. He can often be found drawing or painting, whether it is houses or beautiful children's books. www.jamesgarner.co.uk



The Significance Delusion Unlocking our thinking for our children's future Gillian Bridge



978-178583108-9 \$19.95 (t) 216 x 140mm 336 pages paperback • ebook Psychology The self, ego, identity, personality Draws upon scientific research, ideas, facts and real-life anecdotes to explore the human obsession with meaning and significance.

There are three interweaving strands throughout *The Significance Delusion*: brain matters, child-rearing matters and self-versus-community matters. By exploring these matters in a challenging, quirky and often humorous way, this book will not only help you answer some age-old questions about yourself (Who am I? What am I? How am I?), but also understand how to better promote the future mental and physical well-being of our children, for the benefit of them individually and of society as a whole.

The Significance Delusion provides practical behavioural strategies to improve quality of life, making it a fascinating and invaluable book for parents, teachers, people working in social care, policy makers and anybody else who simply wants to understand themselves or their relationships better.

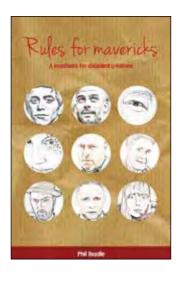


Gillian Bridge is a lecturer, researcher, therapist and brain expert. Northern born, Southern bred: cross-referencing of influences and ideas comes naturally to her. Language is her medium, neuroscience her fascination, and she longs to understand what makes us humans human. She is a member of the British Association for Counselling and Psychotherapy. From left-handed relatives to prisoner clients, no one escapes her fascinated delight in difference.

Rules for Mavericks A manifesto for dissident creatives Phil Beadle

A guidebook to leading a creative life.

In this elegantly written book Phil glides and riffs around the idea of maverick nature, examines the processes of producing good work in creative fields and broaches the techniques that orthodoxies use to silence dissident voices. It is a 'how to dream' book, a 'how to create' book, a 'how to work' book and a 'how to fail productively' book; it is an examination of the many accusations that any dissident creative will face over a long career stirring things up, a guide to dealing with these with grace and a study in how to make creativity work for you.



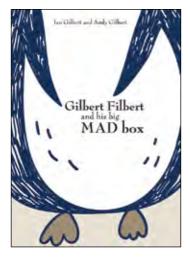


Also available as an abridged audiobook 978-178583178-2 \$14.95 (t) 60 mins (est) Audio CD July 2017 978-178583113-3 \$14.95 (t) 198 x 130mm 200 pages (est) paperback • ebook Popular psychology June 2017

Phil Beadle knows a bit about bringing creative projects to fruit. His self-described 'renaissance dilettantism' is best summed up by Mojo magazine's description of him as a 'burnished voice soul man and left-wing educationalist'. He is the author of ten books on a variety of subjects, including the acclaimed Dancing About Architecture. He has won national awards for both teaching and broadcasting, was a columnist for the Guardian newspaper for nine years and has written for every broadsheet newspaper in the UK, as well as the Sydney Morning Herald. Phil is also one of the most experienced, gifted and funniest public speakers in the UK.



Gilbert Filbert and his big MAD box Ian Gilbert and Andy Gilbert



978-178135254-0 \$16.95 (t) 174 x 124mm 96 pages hardback • ebook Education Study and learning skills Children's and teenage fiction and true stories (age 11+) Designed to show children and young people the power of having a goal, having a plan and making a difference.

Gilbert Filbert and his big MAD box is the story of one boy's desire to make a difference and help his mother find her smile again. It is a book about a boy, a box and a battle for a penguin but, more than that, it is a tale about families, hope and how to make dreams come true.

The powerful set of thinking tools included in this book will help young people to develop habits of mind that will last a lifetime. The book can be read on a number of levels: as an amusing story; as a method for developing young people's own thinking processes; as a tool for engaging groups of young people in their thinking; as all of the above.

Suitable for young people (aged 11+) to use on their own thinking adventures. Also suitable for parents, teachers or anyone working with teenagers who wants to join in the journey.



Ian Gilbert is an award-winning author and editor, a leading educational speaker and an entrepreneur. Currently based in Hong Kong, he has lived and worked in the UK, South America and the Middle East and so has a special perspective on classrooms and systems, what works and what definitely doesn't.



Andy Gilbert developed the acclaimed Go MAD (Make A Difference) thinking system which is used by people in over 40 countries. He is passionate about helping people develop their ability to think in a solution-focused way and spends most of his time facilitating leadership and results acceleration programmes.

The Compleat Thunks® Book Ian Gilbert

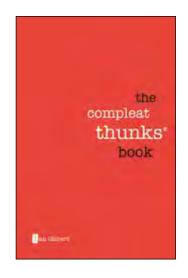
A brain workout book for uncertain times.

We are living in a world where facts don't count, certainty no longer exists and complexity means we never quite know what will happen next. To prepare ourselves better for such a world, we need a brain workout that isn't so much about finding answers as getting our heads around questions.

We need The Compleat Thunks® Book.

In *The Compleat Thunks® Book*, Thunks® creator Ian Gilbert brings together Thunks® from a number of his books as well as over 100 new ones, all designed to get you thinking, questioning, debating and arguing your way to a better understanding of how to survive in a world gone dangerously bonkers.

Some of these Thunks® were previously published in *The Book of Thunks*®, ISBN 978-184590092-2 and *The Little Book of Thunks*®, ISBN 978-184590062-5.



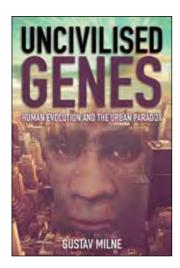


978-178135272-4 \$18.95 (t) 198 x 130mm 200 pages (est) paperback • ebook Philosophy Education Teaching skills August 2017

lan Gilbert is an award-winning author and editor, a leading educational speaker and an entrepreneur and a man who the *IB World* magazine named as one of its top 15 educational 'visionaries'. He established Independent Thinking in 1994 as a platform for leading practitioners to share their work in bringing the best out of all children. Currently based in Hong Kong, he has lived and worked in the UK, South America and the Middle East and so has a special perspective on classrooms and systems, what works and what definitely doesn't.



Uncivilised Genes Human evolution and the urban paradox Gustav Milne



978-178135265-6 \$19.95 (t) 234 x 156mm 300 pages (est) paperback • ebook Anthropology, social and cultural anthropology Medicine, personal and public health July 2017



For anyone interested in living a more evolutionary-concordant life.

Modern urban living is fundamentally mismatched with our Palaeolithic genome. We evolved as huntergatherers, living off the land in tribal societies. Culturally, society has changed with remarkable speed. Anatomically, however, we remain much as we were thousands of years ago. The dichotomy between the world we currently live in and the one we are genetically, metabolically, physiologically and psychologically designed for is profound. Although there are major benefits to urban living which we all enjoy, there are also costs, such as the 'urban lifestyle' diseases - type 2 diabetes, coronary illness, autoimmune disease and so on - that have become depressingly familiar. By adopting proxy behaviours that simulate a Palaeolithic hunter-gatherer lifestyle and an environment in which such conditions were rare or non-existent, you could extend your life, make your town a better place and save the NHS!

This book will be warmly welcomed by all humanity (unless you are a car manufacturer, sugar producer or high-rise architect).



Gustav Milne studied archaeology at the University of Oxford and Birkbeck College, University of London. He worked as a professional archaeologist with the Museum of London for 20 years before taking up a permanent lecturership at the Institute of Archaeology at University College London. Although recently semi-retired, he still teaches part-time at UCL.

This Much I Know About Mind Over Matter ... Improving mental health in our schools John Tomsett

Replete with truths about the mental well-being of children in state schools.

With his typical mixture of experience, wisdom and research-based evidence, Tomsett explains how he manages the pressure of modern day state school headship in a climate where you are only as good as your last set of examination results, a pressure which acutely affects staff and students too. He outlines his strategies for mitigating this pressure and turning the tide of students' mental health problems.

The autobiographical narrative alternates between self-effacing humour and heart-wrenching stories of his mother's life, blighted by mental illness. His professional reflections are a wisdom-filled blend of evidence-based policy and decades of experience in teaching and school leadership. Tomsett writes with genuine humility. His prose is beautiful in its seeming simplicity. When you pick up one of his books you will find you have read the first fifty pages before you have even noticed: surely the hallmark of truly great writing.



Also by John Tomsett, see page 44



978-178583168-3 \$22.95 (p) 216 x 140mm 272 pages paperback • ebook Education Teaching skills

John Tomsett has been a teacher since 1988 and a head teacher since 2003. He is currently head teacher at Huntington School, York. Tomsett writes a blog called 'This much I know ...' and is a regular contributor to the *TES*. He co-founded The Headteachers' Roundtable think tank and is a popular speaker on school leadership. He is determined to remain a classroom teacher, despite the demands of headship, and believes that developing truly great teaching is the main responsibility of all head teachers.



Eduqas and WJEC Textbooks and Teacher Guides for GCSE Modern Foreign Languages

Written by Bethan McHugh, Chris Whittaker and Louise Pearce



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978-178583093-8 \$99.50 (p) 254 x 203mm 130 pages full colour paperback + audio CD Education

MiniMax Interventions

15 simple therapeutic interventions that have maximum impact Manfred Prior

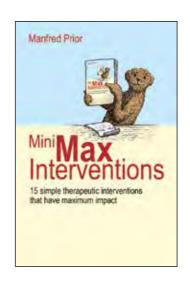
Tried-and-tested communication strategies which can be used in an effective way by any therapeutic practitioner.

MiniMax interventions are therapeutic communication strategies designed to achieve a lot with just a few linguistic tweaks: maximum results for minimal effort. If you want to improve your communication skills in a decisive yet practical way this succinct, accessible book is for you. MiniMax interventions are easy to understand and put into practice. These step-by-step methods can make a huge contribution to helping clients solve their problems and clarify their goals more quickly.

The 15 MiniMax interventions presented in this innovative new book are aimed, first and foremost, at psychotherapists, counsellors, supervisors, coaches and organisational consultants.

"Good therapeutic work is about creating fluid possibilities where only rigid fixed patterns existed. This delightful book by Manfred Prior is an elegant guide to how to communicate in a way that helps people to do just that. I highly recommend it!"

Stephen Gilligan, PhD, author

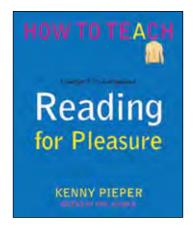


978-178583116-4 \$19.95 (p) 188 x 124mm 120 pages (est) paperback • ebook Psychotherapy March 2017

In his capacity as a psychotherapist, counsellor and coach, Manfred Prior is always trying to find new possibilities, ways to improve and workable solutions. He always asks himself: how can one achieve the greatest possible successes from the least possible effort?



Reading for Pleasure A passport to everywhere Kenny Pieper



978-178135267-0 \$19.95 (p) 180 x 148mm 160 pages paperback • ebook Education Teaching skills



Strategies to get kids talking about, thinking about and reading books.

We hear too often that kids don't read any more: Kenny Pieper thinks it should be every teacher's mission to prove this isn't true. In a squeezed curriculum it can be tempting to accept pupils' lack of reading and make excuses that there is not enough time to devote to the 'luxury' of personal reading, but teachers do this at their peril. Reading is essential to literacy development as well as being a skill, hobby and habit that we can take with us forever.

The benefits we can all reap when kids become confident readers who read for pleasure are obvious. Kenny Pieper has gathered a range of tried-and-tested strategies to get kids reading, and enjoying it. Discover strategies which will get kids talking about books, get them thinking about books, get them reading books, encourage independent reading, develop literacy skills and establish a classroom culture where reading is expected and celebrated.

Suitable for upper primary and secondary teachers, leaders and SENCOs, or just anyone with an interest or a role in getting kids to read for pleasure.

See more of Phil Beadle's How To Teach series on page 41.



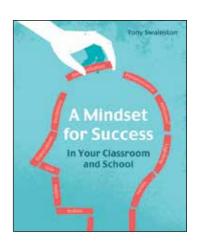
Kenny Pieper has been teaching English for 15 years and still loves every minute of it. He stands shakily on the shoulders of giants in the shape of his amazingly inspiring colleagues. Deep down, he still can't believe his luck that he gets to do this.

A Mindset for Success In your classroom and school Tony Swainston

A practical guide to changing mindsets in schools.

If our schools are truly to bring about the kind of advances that are both desired and required by the changing world in which we live (and which our children will inhabit in the future) then things must change. And a critical part of that change is for schools to move away from many of the talent and IQ myths that presently exist. A Mindset for Success provides key practical steps that can be taken in order to develop a culture of growth mindsets in all classrooms and across schools. For head teachers and those leading the development of a culture of growth mindsets it gives very practical ways of involving teachers, support staff and parents in supporting growth mindsets in students. It also makes the link between growth mindset and emotional intelligence, both essential elements in the academic and social development of students, as well as providing clear tips on how all teachers, support staff and parents can, in a consistent way, have an impact on the mindsets of children

Crucially, the book explains how a mindset for success can benefit everyone in a school, giving more meaning to learning that, in turn, brings greater fulfilment for teachers and pupils.



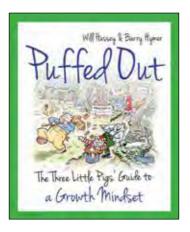
978-178583197-3 \$24.95 (p) 222 x 182mm 200 pages (est) paperback • ebook Education Teaching skills August 2017

Tony Swainston is a UK born and based trainer and writer. Following on from a 20 year career in teaching, he has for the past 15 years delivered training, both in business and education, in over 15 countries around the world. Tony has a passion for developing individuals as leaders and coaches, working with people across the broad range of levels in an organisation. He is a sought after keynote speaker with clients that include Shell, the British Council and the Ministry of Education in Saudi Arabia. He has, so far, taken over 20 schools in the UK through his 12 month 'A Mindset of Success' programme.



Puffed Out

The three little pigs' guide to a growth mindset Will Hussey and Barry Hymer



Takes the familiar story of the three little pigs and encourages learners to think about it in a radically different, creative way.

Puffed Out is a comprehensive catalyst for cultivating a growth mindset. This innovative new book is crammed full of activities and challenges designed to bring out the very best in pupils and teachers. Diverse open-ended questions require children to engage with and immerse themselves in the different tasks, developing the confidence and independence to pursue their own ideas and opinions, thinking creatively and cultivating original and innovative responses.

The book is packed with questions (Why do the pigs no longer live in the family home? Do you think the wolf enjoys his reputation? What advice would you have given the pigs?), challenges, thinking exercises and word play – all designed to encourage learners to stretch their thinking and engage in learning. By encouraging children to respond as they see fit, cultivating intrinsic motivation and a love of learning, it allows them to develop key skills transferable to wider areas of the curriculum – and to life.

Suitable for primary and lower secondary teachers.

978-178583117-1 \$21.95 (p) 222 x 182mm 144 pages (est) paperback • ebook Education Teaching skills April 2017



Will Hussey is an experienced teacher and author who writes about thinking ... and spy dogs. Will has a degree in physical and adventure education and reckons that's pretty much how all education should be: sedentary and unadventurous education is not much use to anyone.



Professor Barry Hymer is one of the country's foremost authorities on cultivating a growth mindset and a much in demand speaker who has worked closely with Carol Dweck on several UK mindset conference tours.

The Lazy Teacher's Handbook – New Edition How your students learn more when you teach less Jim Smith

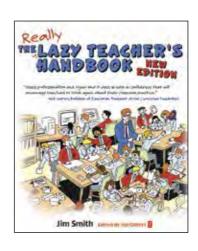
Tried-and-tested techniques to shift the emphasis away from the teaching and onto the learning.

It's more than six years since the bestselling Lazy Teacher's Handbook was first published and Jim Smith's lazy teaching philosophy has moved on significantly in that time. This new revised edition details lim's latest thinking on how to be the best lazy, but outstanding, teacher you can be. Every chapter has been revised and some significantly expanded, particularly those on planning, conducting and reviewing lazy lessons. If you want your students to learn more and you to work less. then this book provides you with all the arguments and evidence you need. The new edition is packed full of even more easy-to-apply, highly effective strategies (which Ofsted have rated as 'outstanding') all with the seal of approval from real students in real classrooms. So, next time someone tells you to get a life, this book will make it possible.

Previously published as *The Lazy Teacher's Handbook*, ISBN 978-184590289-6.



Also available from Jim Smith: Whole School Progress the LAZY Way 978-178135006-5 \$18.99 (p)





978-178135268-7 \$24.95 (p) 222 x 182mm 208 pages (est) paperback • ebook Education Teaching skills April 2017

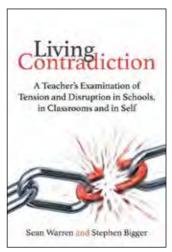
Jim Smith, the laziest (yet still professional) teacher in town, is a head of school, education consultant, Independent Thinking Associate, speaker and bestselling author.



Living Contradiction

A teacher's examination of tension and disruption in schools, in classrooms and in self

Sean Warren and Stephen Bigger



978-178583177-5 \$24.95 (p) 234 x 156mm 300 pages (est) paperback • ebook Education Teaching skills November 2017 Describes how one teacher lost himself in the pursuit of excellence, and his research into finding a better way.

Values are in vogue in education: they are stated in school policies across the land. Amidst the reality of classroom life, however, the very best of intentions can be compromised in the name of professionalism and effectiveness. Sean Warren, an experienced and successful teacher, became a living contradiction as the insidious influence of power, responsibility, pressure and stress came to bear. His espoused values were habitually incongruent with his practice, as he adopted a persona infused with control and intolerant of disorder. Then, engaging in a process of reconceptualisation with his mentor Stephen Bigger, grappling with both the philosophical and the pragmatic, he began to explore how he could learn to be authentic - without compromising standards or authority. This book documents his journey through his action research project and investigates the efficacy of his modified approach. In quelling the incessant demands imposed by tension and disruption, he redefined what it meant for him to become a classroom leader: 'confident in uncertainty'.



Sean Warren PhD began his career in education in 1988. He proceeded to work with young people in Papua New Guinea, Romania and the United States. Back in the UK, his diverse experience incorporated many roles in education. Sean's current interest involves the use of technology to inform classroom observation and professional development.



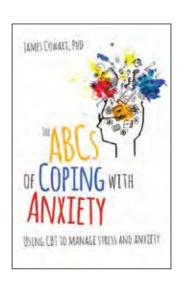
Stephen Bigger PhD began his career as a secondary teacher and from 1981 was a lecturer in education in teacher training institutes, in Scarborough, Oxford and Worcester, ending as head of department and head of research in education. Over that period he produced three books in collaboration with colleagues, made chapter contributions to others and wrote many articles and book reviews.

The ABCs of Coping with Anxiety Using CBT to manage stress and anxiety James Cowart, PhD

Consolidates key principles from cognitive behavioural therapy (CBT), making them understandable and accessible to anyone.

Research findings consistently show that CBT is very effective in treating anxiety. However, many people with this problem do not seek treatment: something this new book seeks to redress. The book focuses on key coping skills and includes practical exercises at the end of each chapter. James Cowart identified and developed these strategies over 40 years of clinical practice, during which time he revised and improved them repeatedly. He has used these tried-and-tested techniques to help many people cope with their anxiety. Now he shares his insights in this new book, enabling more people to benefit from this approach. It is as simple as ABC.

Suitable for anyone suffering with anxiety as well as health professionals, including psychiatrists, psychologists, social workers, counsellors and other medical professionals with an interest in treating anxiety.



978-178583167-6 \$16.95 (t) 216 x 140mm 200 pages (est) paperback • ebook Popular psychology May 2017

James Cowart is a licensed psychologist with a special interest in providing CBT to people suffering with anxiety disorders. He has a PhD in Applied Behaviour Analysis and is a member of the American Psychological Association. He specialises in problem-solving formats in family and couples therapy, as well as cognitive behavioural and interpersonal approaches to treat depression and anxiety.



Best of the Best Progress

Isabella Wallace and Leah Kirkman



The Best of the Best series is a compendium of the most useful advice from the most celebrated educationalists combined with practical strategies to implement those ideas in the classroom.

In this first title, *Progress*, Isabella Wallace and Leah Kirkman have curated a collection of inspiring contributions on the theme of progress and have developed practical, realistic, cross-curricular and crossphase strategies to make the most of these important insights in the classroom.

978-178583160-7 \$14.95 (p) 150 x 125mm 176 pages paperback • ebook Education Teaching skills March 2017

Best of the Best Feedback

Isabella Wallace and Leah Kirkman



Feedback can be understood and implemented in a number of ways, but the contributors to this, the second book in the Best of the Best series, are unanimous in emphasising the paramount importance of feedback as clear communication – which is the basis of our current understanding of the word. From their contributions, each unique and enlightening in its own right, a number of key themes emerge. These include keeping feedback specific, detailed and firmly referenced to clearly explained criteria, and the need to give students time to reflect on it, to question it and to act on it.

978-178583187-4 \$14.95 (p) 150 x 125mm 150 pages (est) paperback • ebook Education Teaching skills August 2017

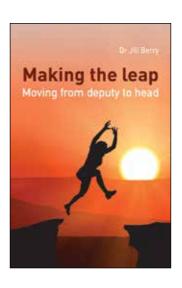
Making the Leap Moving from deputy to head Dr Jill Berry

Offers practical advice which will be invaluable to anyone considering headship.

Are you considering headship? Are you looking for advice about whether that would be a good career move for you? Maybe you're applying for roles, or have secured one and are wondering how to manage the transition.

In Jill's experience, new heads often ask themselves similar questions. How can I balance the two roles as I begin to hand over my senior leader responsibilities and, at the same time, begin to assume the mantle of the head? How can I establish the most positive and productive relationship with the outgoing head, so that confidence is maintained and the school is energised, rather than threatened, by the change of school leader? How can I ensure the early months and years of headship are as successful as possible, so that the school develops and grows even stronger under my leadership? This book will answer all those questions and more.

Suitable for teachers, middle leaders and senior leaders who are considering school headship.



978-178583161-4 \$19.95 (p) 198 x 130mm 192 pages paperback • ebook Education Teaching skills

Dr Jill Berry taught for 30 years, initially as a secondary English teacher. She has been a head of English, head of sixth form and deputy head and was a head teacher for ten years. Since 2010 she has completed a Professional Doctorate in Education, worked as an associate for the National College for Teaching and Leadership and carried out a range of leadership consultancy work.



The College Collection Set 1

Georgina Jonas

Jim Jam

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The Complete Set 1

978-178583107-2 \$44.95 (t) 167 x 118mm paperback • ebook Education General children's and teenage fiction, reading age 9–13 years, interest age 11+

Designed to support the acquisition of reading skills, and to extend those skills and the enjoyment of reading, through exciting stories and relatable characters.

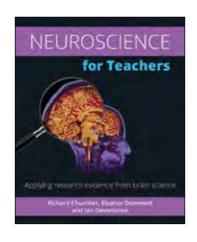
In each of the first five books in this set we meet a different character and learn about their personalities and backgrounds and what they did before they arrived at Parkfield College. In *Art Attack*, they are thrown into a project at college together, which takes them on a surprising and challenging adventure.

The books reinforce high frequency words and the core phonic skills needed to access basic reading levels. They provide developing readers with age-appropriate material designed to boost competence and confidence, engaging the reader and encouraging reading for pleasure. The books are also useful for reluctant readers or where the acquisition of reading skills has been identified as a problem. They have been specifically designed to consolidate young readers' skills and to improve the confidence of older readers who are still acquiring and developing reading skills. Reading age 9–13 years, interest age 11+. Teacher notes to assist with the use of these books in the classroom are available from our website.

Neuroscience for Teachers Applying research evidence from brain science Richard Churches, Eleanor Dommett and Ian Devonshire

Everything teachers need to know about the brain and how we really learn – and what that suggests for how they should teach.

Everyone is curious about the brain – including your learners! There is a great deal of research about the brain and learning that supports what we already know about effective teaching and learning, as well as providing additional knowledge about learning, memory and the classroom environment that can help teachers to become even more confident and effective in the work they do with children and learners. In this book you will find relevant and up-to-date information from two neuroscientists and a leading education writer who is also an advanced skills teacher, working together to unpack, in an easy-to-read and instantly useable way, things that will help your learners to learn better.





Also by Richard Churches and Eleanor Dommett, see page 42

978-178583183-6 \$24.95 (p) 222 x 182mm 200 pages (est) paperback • ebook Education October 2017



Richard Churches is Principal Adviser for Research and Evidence Based Practice at Education Development Trust (formerly CfBT Education Trust), the world-leading education consultancy.



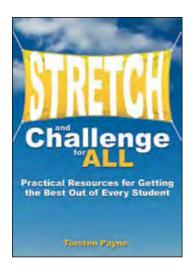
Eleanor Dommett joined the Open University in 2009 as a lecturer in psychology. In 2015 she joined King's College London as a senior lecturer in psychology to teach on the new BSc psychology programme.



Ian Devonshire is a neuroscientist and science communicator who has a track record of applying information about how the brain works in novel fields.

Stretch and Challenge for All Practical resources for getting the best of

Practical resources for getting the best out of every student Torsten Payne



978-178583159-1 \$34.95 (p) 298 x 210mm 200 pages (est) paperback • ebook Education Teaching skills April 2017 Tried-and-tested techniques designed to engage and stretch all pupils, including the most able.

Stretch and Challenge for All is packed with activities to get the most out of learners in any lesson. If you have a class of 30 students, how can you differentiate so that every learner is challenged appropriately? If you are looking for ideas which will enthuse students and develop their understanding and thinking skills, this is the book for you. As most teachers teach mixed ability groups, these activities will stretch all students, regardless of their ability level.

The book is designed to reduce teacher workload without compromising the quality of students' learning. Photocopiable activities help to cut down on planning time. Torsten Payne set out to write a book that he, as a full-time teacher, would want to use: crammed full of ideas, strategies and resources – all explained as quickly and simply as possible.

Suitable for all teachers. This is a photocopiable resource.



Torsten Payne is a full-time teacher with over 20 years' experience. He values practical strategies that work in the classroom and small changes that make a big difference. A regular contributor to teaching publications and national conferences, he delivers staff training across all key stages in schools across Europe.

When the Adults Change, Everything Changes Seismic shifts in school behaviour

Paul Dix

Shows that it's far more effective to change the behaviour of the adults in a school than it is to try to change the behaviour of the children.

When it comes to looking at behaviour in schools, the elephant in the room is adult behaviour. You can buy in the best behaviour tracking software, introduce 24/7 detention or scream 'NO EXCUSES' as often as you like: the solution lies with the behaviour of the adults. It is the only behaviour we have enough control over. Creating a seismic shift in behaviour across a school requires adult behaviour to be adjusted with absolute consistency. This creates a stable platform on which each school can build its authentic practice. This is not some dystopian uniformity that stifles practice, rather a collaborative agreement between all staff. It will result in shifts in daily routines, in how to deal with the angriest learners, in restorative practice and in how we appreciate exceptional behaviour.





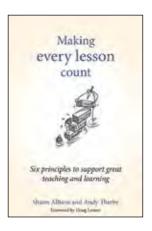
978-178135273-1 \$23.95 (p) 234 x 156mm 200 pages (est) paperback • ebook Education Teaching skills August 2017

Paul Dix is a speaker, author and notorious teacher wrangler in huge demand. He is CEO of Pivotal Education. As a teacher, leader and teacher trainer Paul has been working with the most difficult behaviour in the most challenging schools, referral units and colleges for the last 25 years. Paul has advised the Department for Education on teacher standards, given evidence to the Education Select Committee and worked extensively with the Ministry of Justice on behaviour and restraint in youth custody. Paul cohosts the Pivotal Podcast, providing free training to over 100,000 teachers worldwide every week.



Making Every Lesson Count Six principles to support great teaching and learning Shaun Allison and Andy Tharby



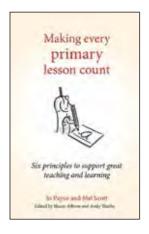


A toolkit of strategies that teachers can use every lesson to make that lesson count. No gimmicky teaching – just high impact and focused teaching that results in great learning, every lesson, every day.

The 2016 ERA judges described the book as 'A highly practical and interesting resource with loads of information and uses to support and inspire teachers of all levels of experience. An essential staffroom book.'

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Making Every Primary Lesson Count Six principles to support great teaching and learning Jo Payne and Mel Scott



Takes the principles detailed in the bestselling and award-winning *Making Every Lesson Count* and applies them specifically to the primary school.

Combining robust evidence from a range of fields with the practical wisdom of experienced, effective classroom teachers, this is a must-read for trainee and experienced teachers wishing to enhance their practice as well as school leaders looking for an evidence-based alternative to restrictive Ofsted-driven definitions of great teaching.

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Making Every English Lesson Count Six principles for supporting great reading and writing Andy Tharby

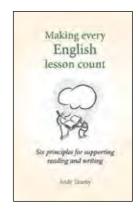
Gives English lessons the award-winning Making Every Lesson Count treatment.

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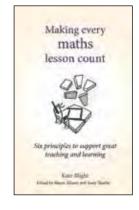
Maths lessons benefit from the *Making Every Lesson Count* approach.

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Making Every Science Lesson Count Six principles to support great teaching and learning Shaun Allison

Applies the *Making Every Lesson Count* principles specifically to science lessons.

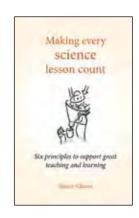
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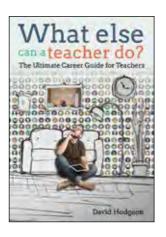
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What Else Can a Teacher Do? The ultimate career guide for teachers David Hodgson



Everything you need to know about what else you could do with your teaching skills.

Some teachers reach a point when they question what they are doing in the classroom. They want to try something different, but don't know where to start. In this practical handbook, David Hodgson talks you through what to do when you realise something needs to change. Suitable for all teachers and school leaders who want to give colleagues who are 'stuck in a rut' other options.

978-178583015-0 \$19.95 (t) 198 x 130mm 200 pages (est)

paperback • ebook Education Careers guidance July 2017

Forty Pence Each or Two for a Pound

Making maths memorable, accessible and relevant Danielle Bartram



Ideas to develop a whole school commitment to, and enthusiasm for, improving numeracy.

Forty Pence Each or Two for a Pound demystifies numeracy and demonstrates why it is so important. The book is suitable for teachers of all subject specialisms, both in secondary and further education settings, who want to help make cross-curricular links between maths and their subjects to help students embed the numeracy skills they will need in everyday life.

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Education Educational: mathematics and numeracy August 2017

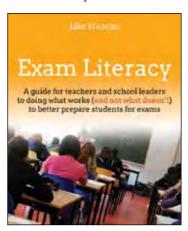
Exam Literacy

A guide for teachers and school leaders to doing what works (and not what doesn't) to better prepare students for exams

Jake Hunton

Unlike most other study guides, this book focuses on the latest cognitive research into revision techniques – proven procedures which actually work.

In the light of the recent decision to make all subjects at GCSE linear, so that students will be tested in oneoff exams, it will be even more important to prepare students effectively for exams. Accordingly, this book concentrates on what works in terms of revision strategies: practice testing, distributed practice, elaborative interrogation and self-explanation, whilst setting out what doesn't work: re-reading, highlighting, summarising, etc. Uniquely, it also includes subjectspecific examples based on the new specification content, showing how these proven revision strategies could work alongside each area of subject content. Jake also discusses and explains what each key exam document (exam specifications, exam reports, mark schemes, specimen papers, etc.) comprises and shows how to download all of these and become 'exam-literate'. An exceptional and essential research-based guide for all teachers looking to improve results in schools and colleges.



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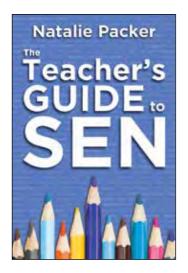


Also by Jake Hunton, see page 47

Jake Hunton is head of modern foreign languages at Heart of England School in Solihull and believes in combining passionate, engaging and fast-paced MFL teaching with a focus on the highest achievement for all students.



The Teacher's Guide to SEN Natalie Packer



978-178583025-9 \$27.95 (p) 234 x 156mm 200 pages (est) paperback • ebook Education Teaching of specific groups and persons with special educational needs April 2017 Provides key information on special educational needs along with practical tips and ideas to use in the classroom.

The Teacher's Guide to SEN is the essential guide for supporting children with special educational needs in the classroom. Relevant to all primary and secondary practitioners.

The book outlines some of the most common areas of need, including speech, language and communication difficulties, autism, moderate learning difficulties, dyslexia and social, emotional and mental health needs. It contains practical hands-on strategies, key facts, reallife case studies and questions for reflection.

The Teacher's Guide to SEN is an essential point of reference for any busy teacher, including trainees, NQTs or those more experienced practitioners who would like to gain a few new ideas to try in the classroom.



Also by Natalie Packer, see page 63



Natalie Packer is an education consultant specialising in SEN and school improvement. Having previously worked for the National Strategies SEN team and as an LA adviser for SEN, combined with her headship experience, Natalie has a significant amount of experience within the education sector. She runs a range of professional development courses, carries out SEN reviews and is an associate consultant for nasen.

Don't Send Him in Tomorrow Shining a light on the marginalised, disenfranchised and forgotten children of today's schools Jarlath O'Brien

Describes how the system and provision for children with learning difficulties and special educational needs can be improved if they are given higher priority by the powers that be.

Jarlath offers suggestions for politicians, Ofsted, local authorities, head teachers, SENCOs, teachers and teaching assistants about what they can do to make a difference.

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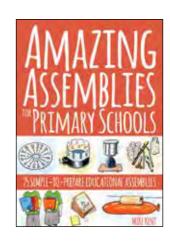
Amazing Assemblies for Primary Schools 25 simple-to-prepare educational assemblies

Mike Kent

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Amazing Assemblies for Primary Schools consists of 25 very special teacher-led assemblies: ideal for teachers, head teachers and, indeed, anyone who is required to lead assemblies. The assemblies have been designed with the busy teacher – or school leader – in mind and include science, maths and English activities.

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Opening Doors to Quality Writing Ideas for writing inspired by great writers for ages 6 to 9 Bob Cox



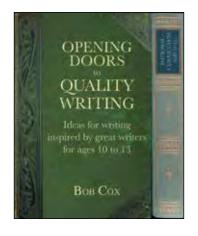
Bob Cox introduces teachers to engaging strategies which use literary heritage texts as the stimulus for excellent learning.

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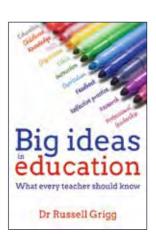
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Big Ideas in Education What every teacher should know Dr Russell Grigg

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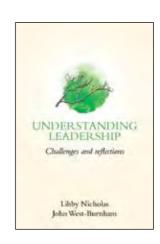


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Written by Avril McDonald and illustrated by Tatiana Minina

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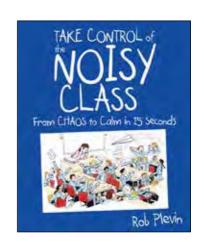
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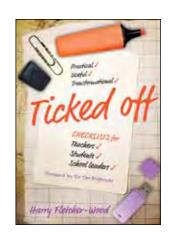


Ticked Off
Checklists for teachers, students, school leaders
Harry Fletcher-Wood

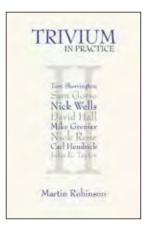
Checklists designed to help teachers and leaders lead a calmer, more organised life and give them a healthy approach to workload and well-being.

Many things prevent teachers from achieving all that they would like, but most come down to a single cause: while students' needs are infinite, our time and resources are not. Some teachers seem intimidatingly organised in all they do. This book is for everyone else.

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Trivium in Practice Martin Robinson



Brings together a series of case studies written by educators inspired by *Trivium 21c*.

Features contributions from: Tom Sherrington, Sam Gorse, Nick Wells, David Hall, Mike Grenier, Nick Rose, Carl Hendrick and John L. Taylor.

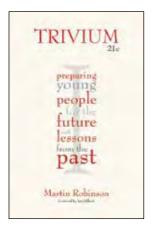
Taken together, these case studies reveal how, regardless of setting or sector, the trivium can deliver a truly great education for our children.

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Preparing young people for the future with lessons from the past Martin Robinson



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Trivium 21c explores whether a contemporary trivium (Grammar, Dialectic, and Rhetoric) can unite progressive and traditionalist institutions, teachers, politicians and parents in the common pursuit of providing a great education for our children in the 21st century.

978-178135054-6 \$27.95 (p) 216 x 140mm 288 pages



Secondary Science Respiration is not breathing! Catrin Green

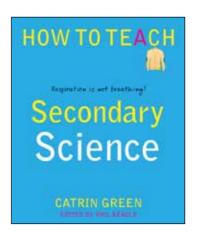
Quick and easy ideas to make science fun and relevant, while ensuring that all students are successful and confident in your lessons, and not overloaded with facts.

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See the latest addition to the series on page 18.

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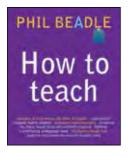




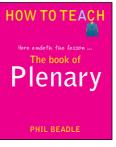
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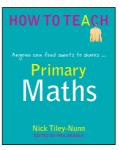
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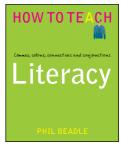
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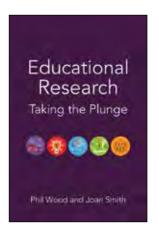
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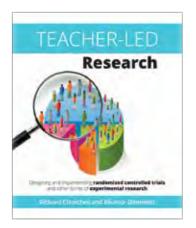
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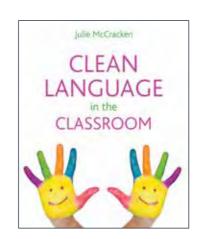


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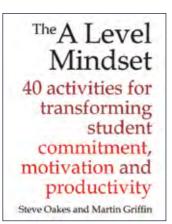
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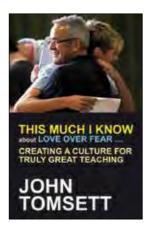
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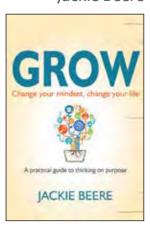
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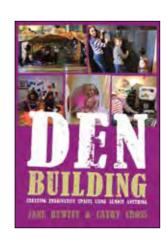
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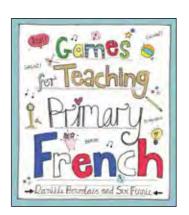
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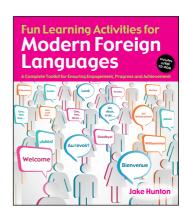
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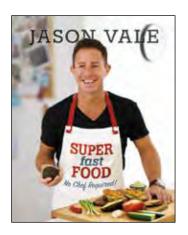
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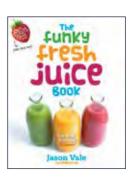
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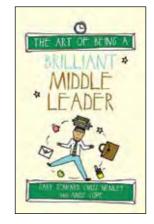


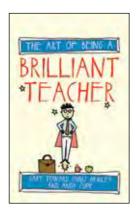
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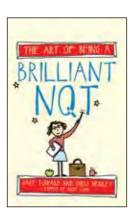
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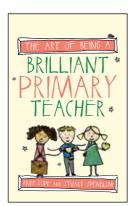
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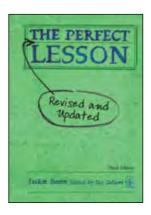
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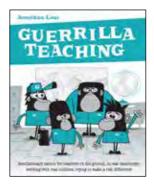
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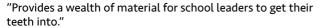
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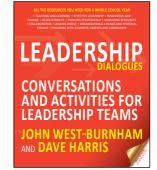
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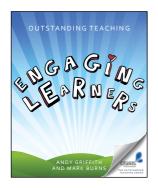
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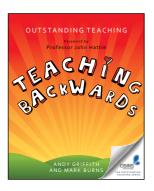
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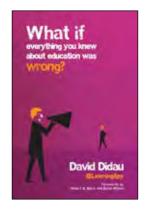
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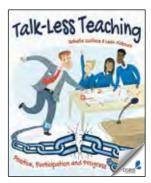
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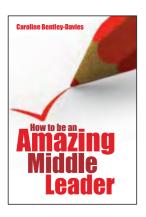


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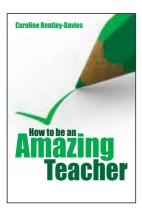
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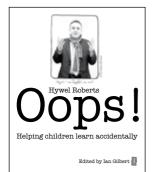
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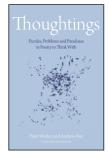
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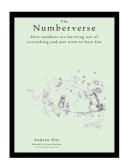
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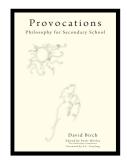


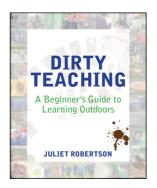
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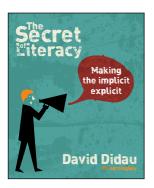
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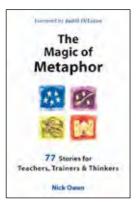
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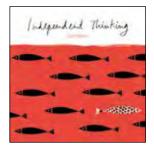
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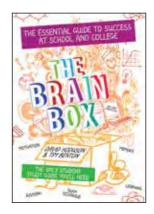
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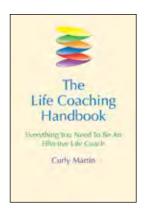
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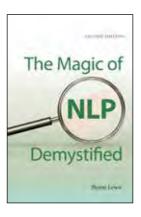
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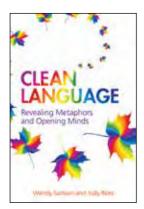


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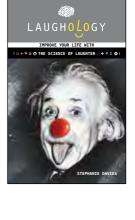
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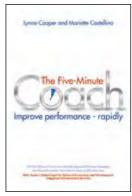
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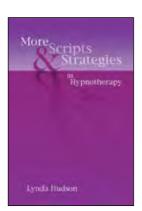
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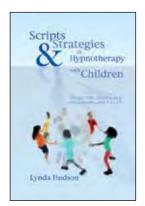


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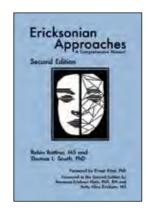
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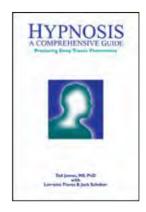
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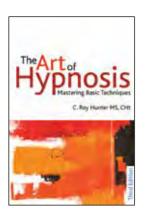
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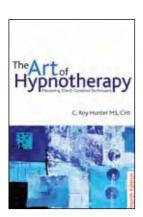
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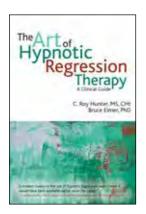
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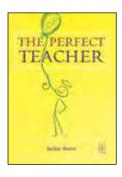
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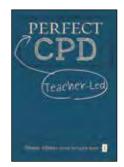
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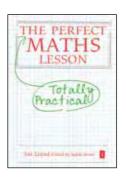


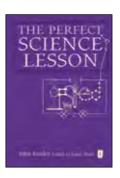


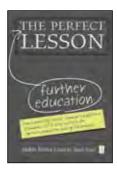
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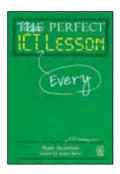
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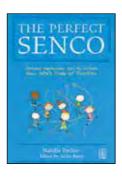


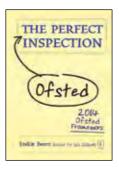


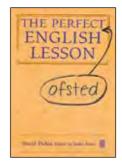
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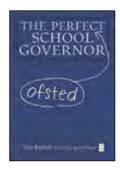
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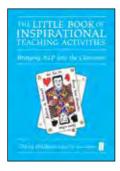


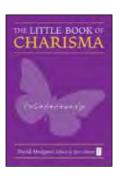




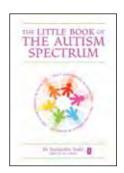
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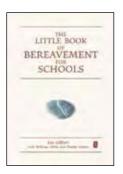
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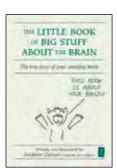
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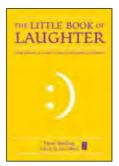
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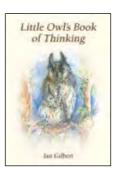
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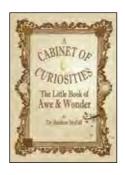


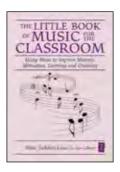
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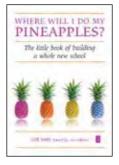
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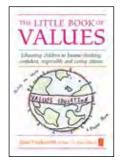
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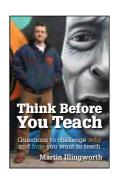
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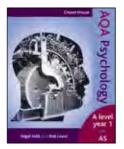
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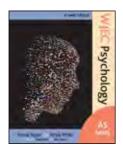
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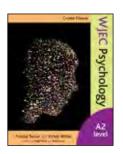
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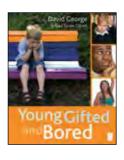


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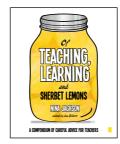
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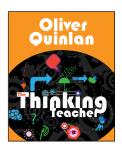
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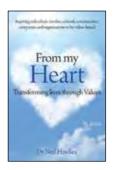


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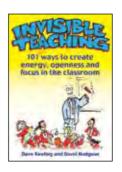


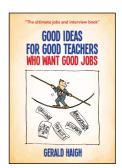


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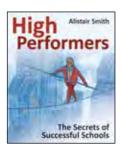


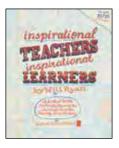
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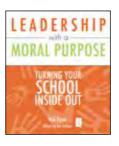
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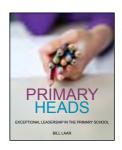
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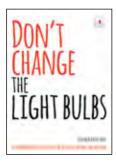


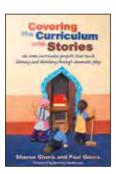


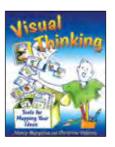


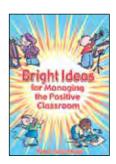


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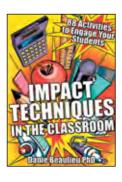


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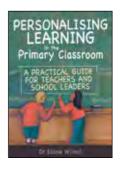
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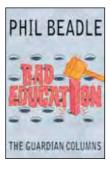


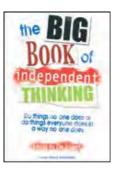
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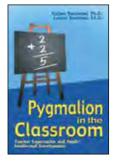
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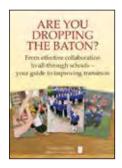
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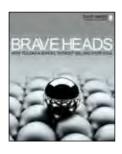
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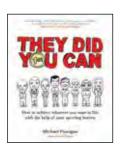




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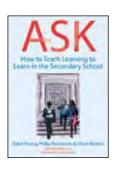




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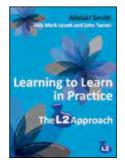
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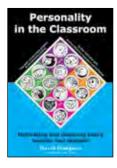


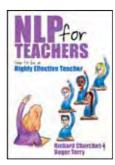
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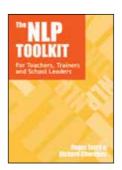
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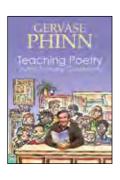


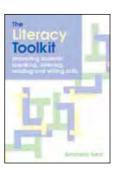
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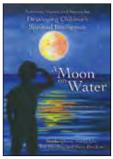
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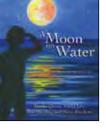
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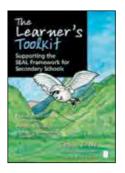


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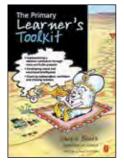
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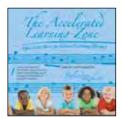


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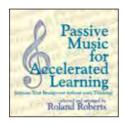


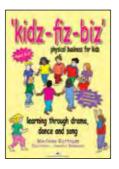




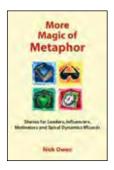
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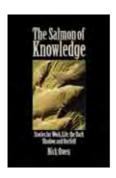




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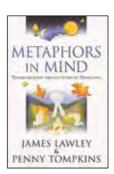




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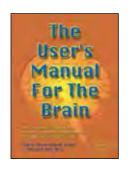
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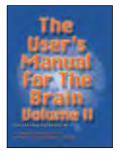
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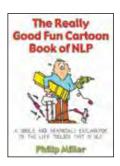
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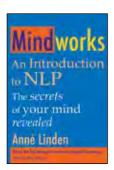
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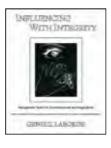
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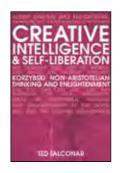
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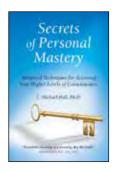
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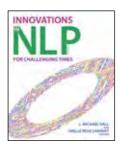


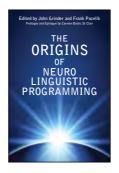
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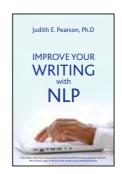


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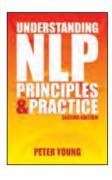


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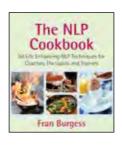
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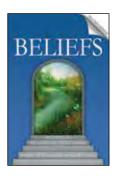
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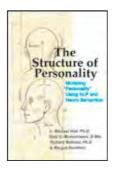
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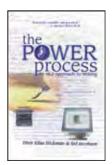
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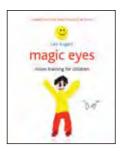


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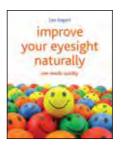
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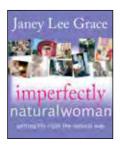


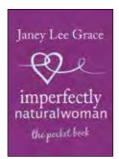


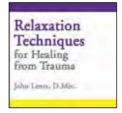




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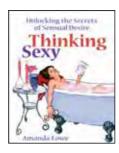


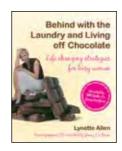
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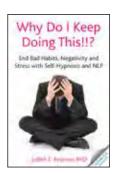
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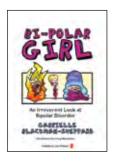


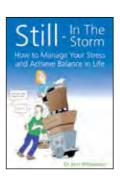
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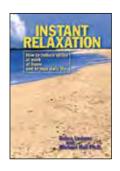
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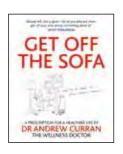


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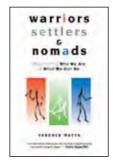
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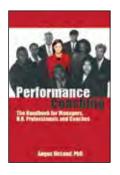


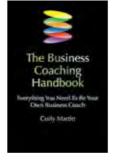
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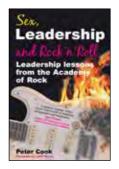
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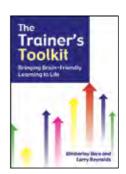
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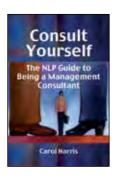


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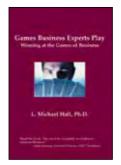
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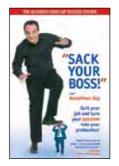
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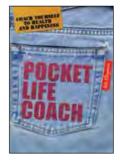
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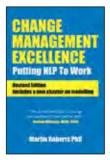
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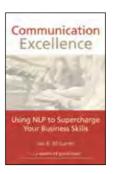
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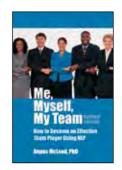
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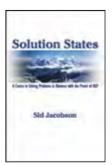
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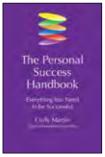


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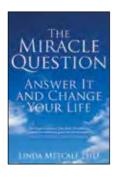
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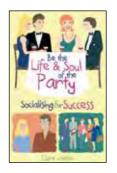
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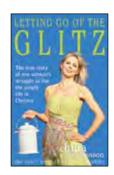


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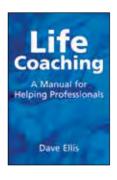


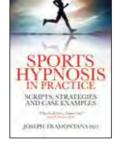
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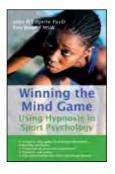
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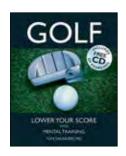


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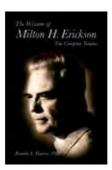


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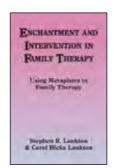
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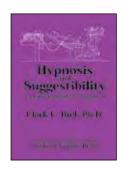




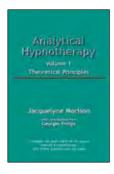
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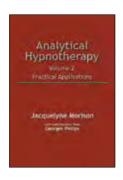
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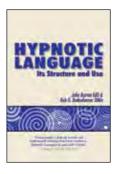
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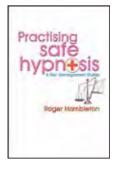
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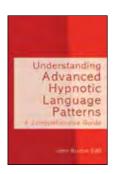
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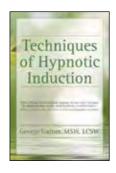
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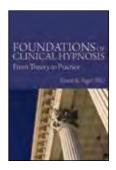
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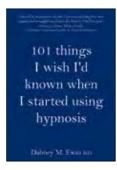


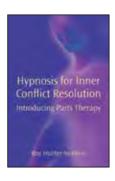
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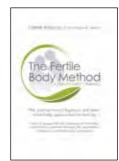
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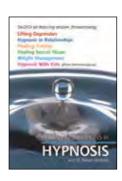


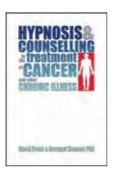
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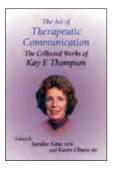
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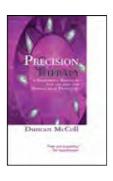


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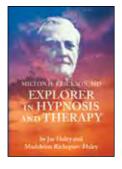
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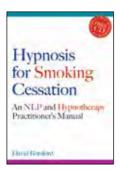
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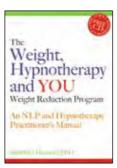
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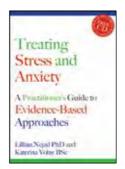
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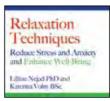
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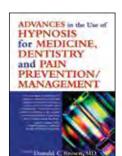


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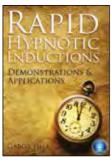
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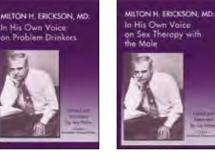
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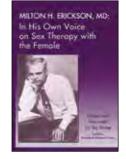
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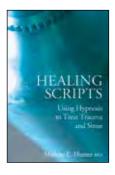
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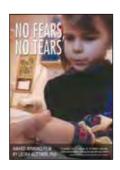
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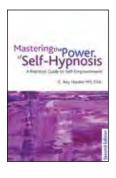
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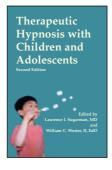
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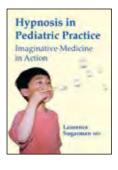
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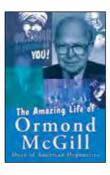
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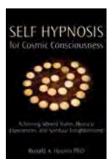
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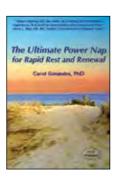


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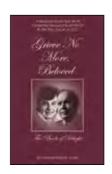




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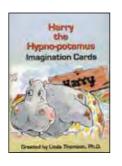
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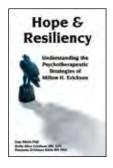
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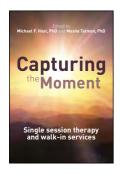
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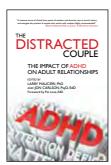


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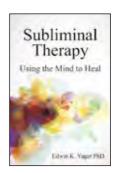


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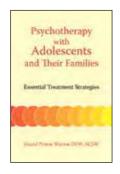


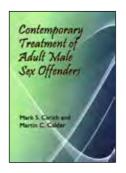
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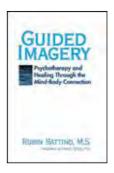
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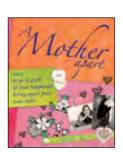


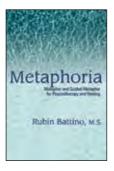
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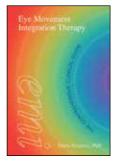
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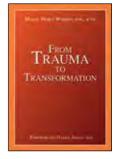
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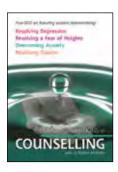


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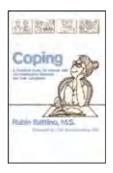
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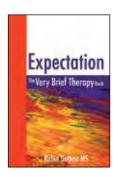
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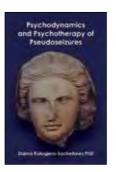
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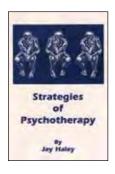


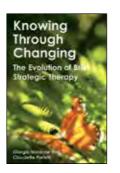
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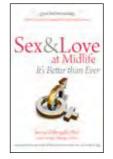
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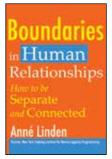
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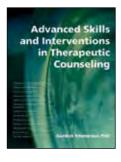


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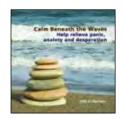
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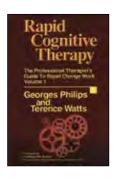








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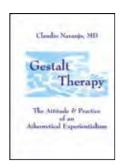








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